



# ORTHOPEDIC PERFORMANCE INSTITUTE - INSURANCE LIST

MATTHEW DWYER, MD CHRISTOPHER PHELPS, MD ALEXANDRA MATTHEWS, DO

## Orthopedic & Sports Medicine Patient Care (Ages 2 & Up)

### Stone Oak

#### Drs. Dwyer & Phelps

1139 E. Sonterra, #500  
San Antonio, TX 78258  
P: 210.545.7171  
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### Sports Medicine

#### Dr. Matthews (6 mo & up)

255 E. Sonterra #110  
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### Boerne (Thurs. only)

#### Dr. Dwyer

134 Menger Springs  
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P: 210.545.7171  
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OPI TIN: 27-0466353

M. Dwyer, MD - NPI 1083753925

A. Matthews, DO - NPI 1215348404

C. Phelps, MD - NPI 1700075637

Group NPI - 1083947220

| INSURANCE CARRIER                                | PLAN TYPE    |
|--------------------------------------------------|--------------|
| Aetna                                            | HMO          |
|                                                  | PPO          |
|                                                  | POS          |
|                                                  | EPO          |
|                                                  | WC           |
| Aetna CVS Exchange                               |              |
|                                                  |              |
| Amerigroup (Star, StarPlus)                      | DUAL         |
|                                                  | Amerivantage |
|                                                  |              |
| Baptist BIPP (formerly South Texas Care Connect) |              |
| Baptist Health System                            | Employee SS  |
| Blue Choice                                      | PPO          |
| Blue Cross                                       | Par          |
| BC/BS Federal Employee Program                   |              |
| Blue Cross (HMO Blue)                            | HMO          |
| BC/BS of Texas Advantage Plus Bronze             | HMO          |
| Blue Cross Medicare Adv HMO                      | MCRHMO       |
| Blue Cross Blue Shield HEB Employees             |              |
| Blue Essentials                                  | HMO          |
| Blue Premeire                                    | HMO          |
| Bright Health                                    |              |
| Care Improvement Plus                            |              |
| CCN                                              |              |
| Cigna                                            | PPO          |
|                                                  | HMO          |
| Cigna Medicare Advantage HMO                     | MCRADV       |
| Coastal Comp/Prime Health (Direct)               |              |
| Community First                                  | MCRADV PPO   |
|                                                  |              |
| Corvel                                           |              |
| Coventry WC                                      |              |
| Dept of Labor                                    |              |
| Devoted Health                                   |              |
| Employers Health Network                         |              |
| First Health (Direct)                            |              |
| First Health Coventy Aetna WC (Direct)           | WC           |
| Galaxy (Direct)                                  | PPO          |

| INSURANCE CARRIER              | PLAN TYPE  |
|--------------------------------|------------|
| Healthcare Highways            |            |
| Healthsmart (direct)           |            |
| Health Special Risk            | Student    |
| Healthspring                   |            |
| Health Texas (Secure Horizons) | MCR ADV    |
| Humana                         | PPO        |
|                                | ChoiceCare |
|                                | HMO        |
|                                | CommHMOx   |
| Humana Tricare                 | Military   |
| Imagine Health                 |            |
| Imperial Health Plan           | MCRAdv     |
| IMS (Direct)                   |            |
|                                |            |
| Medicare                       | MCR        |
|                                | DME        |
| Methodist Physician Alliance   | IPA        |
| Molina                         | MCRHMO     |
|                                |            |
|                                |            |
| Multiplan / PHCS (Direct)      |            |
| Multiplan                      | PPO        |
| OccMD                          | WC         |
| Optum Health                   |            |
| Oscar Health                   |            |
| Pacificare                     | HMO        |
| Prime Health                   |            |
| Prime Health Direct            |            |
| PHCS                           | PPO        |
| ProNet                         |            |
| Prospect (VIDA)                |            |
| Ranger Network                 |            |
| Railroad Medicare              | MCR        |
| Rockport (Direct) /Careworks   |            |
| Scott & White                  |            |
|                                |            |
| Superior Health                | MCRADV     |
| 1                              | Ambetter   |



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|-------------------|-----------|
|-------------------|-----------|

|                            |              |
|----------------------------|--------------|
|                            |              |
| Texas Municipal League     | PPO          |
|                            |              |
| Three Rivers (Direct)      | PPO          |
| Tricare Standard Certified |              |
| Tricare In Network         | Military     |
| United Care AARP           | MCR ADV      |
| United Healthcare          | HMO          |
|                            | PPO          |
|                            | POS          |
|                            | MCR ADV      |
|                            | Care Imprvmt |

| INSURANCE CARRIER | PLAN TYPE |
|-------------------|-----------|
|-------------------|-----------|

|                 |          |
|-----------------|----------|
| USAMCO (Direct) | PPO      |
|                 | Lonestar |
| Wellcare        | MCRHMO   |
| Wellmed         |          |